



AUGUST 4, 2024

1 Thessalonians 5:16-18

GRATEFUL JOURNALING

- What does it mean to rejoice always?
- How can you develop a habit of continual prayer?
- Why is it important to give thanks in all circumstances?

This image shows a blank sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.