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Summer Bible Study

JULY 14, 2024

BIBLE VERSE

Psalm 46:10

Be still, and know
that I am God; I
will be exalted
among the nations,
I will be exalted in
the earth.

KEY POINTS FOR STUDY & REFLECTION

- To be still sometimes means **surrendering**. Surrendering for some can look like setting aside all the ways to protect one's self and pride.
- We tend to fill our days with **busyness** or **fixing**. Don't be intimidated by silence. Silence can cause you to address issues that you might be running from.
- Being still doesn't mean to quit doing the last thing God called us to do nor does it mean to wait for God to do everything.
- *Knowing* He is there, *experiencing* Him, *turning* our attention to Him allows you to be totally engaged with Him.

YOUR NOTES / YOUR REFLECTION

Have you learned how to listen to God?

How can you be still in your daily life?

What areas of my life do I need to surrender to God's control?

How do I acknowledge God's presence in times of trouble?

How can I cultivate a deeper trust in God's plan?

TRANSLATIONS

CEV

Our God says, "Calm down, and learn that I am God! All nations on earth will honor me."

ESV

"Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"

NIV

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

ACTIVITIES

- Create a piece of art that represents the verse "Be still, and know that I am God."
- Write the verse on your artwork and decorate it with drawings or designs that remind you of God's peace and power.
- Think about how it felt to trust someone else and relate it to trusting God even when you couldn't see the whole picture.